Pupil Workbook

Pupil Booklet

Philharmonia

A workbook for key stage 2 pupils designed to support learning for the Philharmonia Orchestra's *Orchestra Unwrapped*

Name: _____

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music theory

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Topic C1: What is an orchestra?

You should be able to answer these three questions by the end of the session:

1. What is an orchestra?

- 3. What does a conductor do?
- 2. What are the four different orchestral families?

Learning Log:

Fill in your thoughts in the boxes below as you go through the lesson.

What is an orchestra?	
What are the four different instrumental families?	
What does a conductor do?	

Pupil Task C1.1 Instrumental families

Connect the left and right side with a line to match them together:



Made of metal, no reeds



Hitting and making the instrument vibrate



Vibrating strings, uses a bow



Sometimes have single or double reed

Topic C2: Instrument Focus - Woodwind and Brass

By the end of this session, you should be able to answer the questions

- 1. What is a woodwind instrument?
- 2. Which instruments can be found in the woodwind section?
- 3. What is a brass instrument?
- 4. Which instruments can be found in the brass section?

Learning Log:

Fill in your thoughts in the boxes below as you go through the lesson.

What is a woodwind instrument?	
Which instruments can be found in the woodwind section?	
What is a brass instrument?	
Which instruments can be found in the brass section?	

Pupil Task C2.1 Instrumental families

Name the instrument and which family they belong to below:

Instrument Name?	Which Orchestral Family?

© public dor

Pupil Task C2.2 - recognising the instrument (audio)

You will hear 3 instruments from either the woodwind or brass family playing the main melody (tune). Can you name the instrument?

Track 1	
Track 2	
Track 3	
Hack 5	

Topic C3: Instrument Focus – Strings and Percussion

By the end of this lesson, you should be able to answer the questions below:

- 1. What is a string instrument?
- 2. Which instruments can be found in the string section?
- 4. Which instruments can be found in the percussion section?
- 5. Extension: Is the voice an instrument?
- 3. What is a percussion instrument?

Learning Log:

Fill in your thoughts in the boxes below as you go through the lesson.

What is a string instrument?	
Which instruments can be found in the string section?	
What is a percussion instrument?	
Which instruments can be found in the percussion section?	

Pupil Task C3.1 – extension debate: is the voice an orchestral instrument?

Consider the question above and plan both sides of an argument, discussing your thoughts either as a class or in smaller groups.

Think about:

- Does the voice get used in the symphony orchestra?
- If it is used, what does it sing?
- Why might composers want to use the voice in this way?

Yes – it is an instrument	No – it is not an instrument
Conclusions: What do your class think as a whole?	

Pupil Task C3.2 – recycle orchestra!

Ever wondered if you can make your own instrument at home?

Have a look at the website here ▶

(or search "BBC NOW make an 'instrument") and choose an instrument to try and make at home. There are 15 different instruments to try!



Learning Log:

Fill in your thoughts in the boxes below as you go through the lesson.

What is a string instrument?	
Which instruments can be found	
in the string section?	
What is a percussion instrument?	
Which instruments can be found in the percussion section?	

Topic C4: Copland - Fanfare for the Common Man

By the end of this session, you should be able to answer the following questions in your workbook:

- 1. Who is Aaron Copland?
- What is Fanfare for the Common Man?
- What is a fanfare?

Learning Log:

Fill in your thoughts below as your teacher goes through the lesson.

Born: _____

Who is Aaron Copland?

Died:	
What music did he write? —	



- 4. What was happening in America in the 1940s?
- 5. What should I listen out for in the performance?

What is Fanfare for the Common Man?

When was Fanfare for the Common Man written?
How long does it last?
The piece uses instruments from two instrumental families. Which families are used in this piece?
Instrument Family 1:
Instrument Family 2:
Which two orchestral families are not used in this piece?
What happened in 1942 in America

Pupil Task C4.1 - playing/singing fanfares

What is a fanfare?

- Often uses Brass Instruments trumpets
- Lots of tonic and dominant notes e.g., in the key of C, using the notes C (tonic) and G (dominant)
- Sometimes uses triplets 3 notes in the space of 1
- Often in a major key (for happy occasions)
- Repeated rhythms used

Try singing or playing the fanfares below:

Fanfare 1:



Fanfare 2:



Fanfare 3:



Pupil Task C4.2 – what should I listen out for in the performance?

There are 3 main musical ideas – called 'motifs' – that we can hear in this piece:

- 1. Motif 1: the 'Boom Dum Dum' motif
 This is first heard on the timpani (playing 2 notes on 2 drums), the bass drum and the tam-tam (the gong). It repeats three times, but the rests between each repeat are slightly different, building excitement nd suspense and making us listen
- 2. Motif 2: the trumpet 'flourish' motif

 This uses a repeated rhythm combined with long notes first we hear it twice as it rises from a low to high pitch
- 3. Motif 3: the trumpet 'falling' motif
 This uses four crotchets descending
 from high to low



As you listen to the piece, use your thumb and fingers to indicate which motif you can

hear. If you can hear the first motif, give a thumbs up and so on.

Pupil Task C4.3 - creating a visual image to the music

- Work in pairs or small groups
- Listen to the piece of music it's about four minutes long
- Does the piece of music make you imagine a particular picture, story or scene?
 If it was used in a film, what might be happening?
- Write down your ideas in the box below

 this could be words, a drawing, or any
 other way you'd like to demonstrate your understanding.

Topic C5: Price - Symphony No 1 in E minor, movement III

By the end of this session, students should be able to answer the following questions in their workbook:

- 1. Who is Florence Price?
- 2. What is a symphony?
- 3. What is fusion music?

- 4. What is 'Juba Dance'?
- 5. Composing ostinato rhythms using graphic notation

Learning Log:

Fill in your thoughts below as your teacher goes through the lesson.

Who is Florence Price? Born: Died:	What is a symphony? What does the word symphony mean?
Why is she a musical trailblazer?————	
	What is fusion music? In this piece we can hear music of different
	cultures combined together. Which cultures are combined?
	Culture 1: ———————————————————————————————————
	What is Juba Dance? What kind of percussion was used to make this dance?

Pupil Task C5.1 – body percussion ostinato class task

Use the table below to write down the body percussion sounds you will use as a class:

Body Percussion Name	Description	Symbol
As a class, write down your ostinato body percussion rhythm – each box below is 1 bar with 4 beats in. This is called graphic notation – writing music down using symbols.		

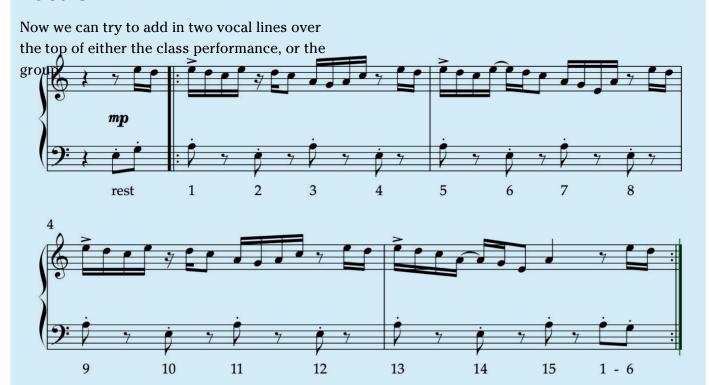
Pupil Task C5.2 – body percussion ostinato group task

Use the table below to write down the body percussion sounds you will use as a group – these could be the same as you have done as a class, or you could create new sounds/symbols:

Body Percussion Name	Description		Symbol	
As a group, write down your osti beats in:	nato body percuss	ion rhythm – e	each box be	low is 1 bar with 4

Pupil Task C5.3 – adding vocals

performances, using the opening 4 bars from Price's piece, where the first four bars repeat:



The bass line (on the bottom) could be sung to numbers or the word 'dance'.

as a class/group, perhaps linked to Price's life, to help make it easier to remember.

The melody line is a little more complex, but it is repetitive – try coming up with some lyrics

Topic C6: Dvořák – **Symphony No. 9 in E minor, movement II**

By the end of this session, students should be able to answer the following questions in their workbook:

- 1. Who is Antonín Dvořák?
- 2. What is the 'New World' Symphony?
- 3. What should I listen out for in the performance?
- 4. Writing our own song

Learning Log:

Fill in your thoughts below as your teacher goes through the lesson.

Who is Antonín Dvořák?	What is a symphony?
Born:	What does the word symphony mean?
Died:	
Where was he born? —————	
When did he move to America? ————	
What did he compose?—————	How many movements does a symphony usually have?
	Which movement is this piece?
ital Library	When was this piece written?
public domain Gallica Digital Library	What is this symphony sometimes called?
© public dom:	

Pupil Task C6.1 – singing Goin' Home

William Arms Fisher, one of Dvořák's pupils, wrote lyrics to the music from the second movement in 1922 in the style of a spiritual.

The lyrics are powerful – all about going home and seeing friends and family. This is powerful for Dvořák's situation, but also to the many slaves who were taken from their homes to America to work on plantations.



As you sing this piece, think about the following:

- What is the mood of the piece?
- What do the words mean?
- How does the piece make you feel?

It's a good example of a melody written in a major key that creates a mood of sad longing.

If you are feeling creative, have a go at trying to write your own lyrics for the melody, using the next page to help.

Continued on page 26

Use this space to write your lyric ideas

Then add them to the music below:



Pupil Task C6.2 - what should I listen out for

Have a listen to the track and write down what you can hear in the table below.

Timing	Listen out for
0.00	Introduction
0.48	'Main Melody
2.35	Introduction – developed
3.05	Main Melody – developed
4.05	Main Melody
4.50	Introduction – developed again

Pupil Task C6.3 – writing our own melody

Have a go trying to improvise your own melody using the pentatonic scale. The table below gives you some ideas to help get you started.

Section A	Section B	Section A'
Use the notes CDEGA	Use the notes ABCEF	Repeat Section A
Use the dotted rhythm from the start of the piece	 Turn the dotted rhythm upside down 	to end the piece

Continued on page 28

Use this space to write any ideas you have down if you would like	
Ose this space to write any ideas you have down if you would like	

Topic C7: Joplin - The Entertainer

By the end of this session, students should be able to answer the following questions in their workbook:

- 1. Who is Scott Joplin?
- 2. What is Ragtime?
- 3. What should I listen out for in the performance?
- 4. What is orchestration?

Learning Log:

Fill in your thoughts below as your teacher goes through the lesson.

Who is Scott Joplin?

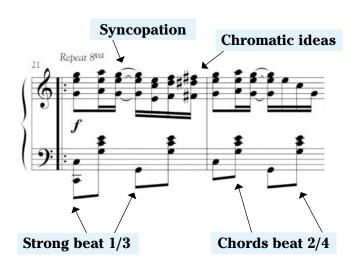
Born:	 	
Died:	 	
Known as: ——	 	_
Famous pieces:	 	

- 5. What was going on in America during this time?
- 6. How does this style represent freedom?
- 7. What are 'The Blues'?

What is Ragtime?

What does the word symphony mean?

- Often in 2/4 or 4/4 time
- Left hand (bass) usually plays:
 - Strong bass note on beats 1 and 3
 - Chords on weaker beats 2 and 4
- Right hand (melody) usually plays:
 - Chromatic ideas
 - Syncopated ideas
 - Off-beat accents
 - Polyrhythms



Pupil Task C7.1 - recognising features of ragtime

Fill in the table below to ensure you understand these important musical terms used in this piece.

Musical feature name	Description
Syncopation	
Chromatic	
Diatonic	

Pupil Task C7.2 – orchestrating The Entertainer

Take the opening main melody of the piece:



Think about which instruments you think should play the melody:

- Strings violins?
- **Woodwind** flutes, clarinet, oboe?
- Brass trumpet?

How about the bass and chords?

- **Bass** could be bassoon, trombone, tuba, cellos, double basses
- Chords could be horns and violas

Continued on page 31

Fill in the box below with yo	our ideas, then share	your ideas with a	friend:	
Instruments I'm using and	why			
Melody				
Bass				
Chords				

When you have planned how you would orchestrate the opening of the piece, have a listen to two different versions of The Entertainer played by two different orchestras, completing the table below.

Think about:

- Who plays the melody?
- Who plays the bass?
- Who plays the chords?

What can I hear?				
Version 1				
Version 2				
Which vers	ion do you prefer and why?			

Pupil Task C7.3 - Performing the Blues

The 12 Bar Blues

This is the 12 bar blues in C; work from the top, left to right, then move to the middle row (working left to right) and then the bottom row (left to right). Each bar lasts for 4 beats.

I (C)	I (C)	I (C)	I (C)
IV (F)	IV (F)	I (C)	I (C)
V (G)	IV (F)	I (C)	I (C)

- **Chord I** (C major) = C E G [try adding a Bb too to make the chord more jazzy]
- **Chord V** (G major) = G B D [try adding an F too to make the chord more jazzy]
- **Chord IV** (F major) = F A C [try adding an Eb too to make the chord more jazzy]

The Blues Scale

When improvising a melodic line over the top of the chords, try using these notes. You could start with just 2 notes, gradually adding more as you gain confidence:



Your teacher will guide you through this – it might be that you all play the chords and pupils who wish to improvise on the blues scale can too.

Try making your improvisation more stylish by adding in:

- Syncopation off-beat ideas
- Glissando slides between notes
- Lyrics if working vocally, thinking about what it would have been like in America during this time

Topic C8: Copland - Hoe Down from Rodeo

By the end of this session, students should be able to answer the following questions in their workbook:

1. What is a Hoe Down?

- 3. Creating a class Hoe Down
- 2. How can we dance the Hoe Down?
- 4. Creating a group Hoe Down

Pupil Task C9.1 – context of the Hoe Down			
What is a Hoe Down?			
How are instruments used to represent the scene?			
What kind of dance moves are used in a Hoe Down?			

Pupil Task C8.2 - creating our class Hoe Down

The 12 Bar Blues

This is the 12 bar blues in C; work from the top, left to right, then move to the middle row (working left to right) and then the bottom row (left to right). Each bar lasts for 4 beats.

I (C)	I (C)	I (C)	I (C)
IV (F)	IV (F)	I (C)	I (C)
V (G)	IV (F)	I (C)	I (C)

- **Chord I** (C major) = C E G [try adding a Bb too to make the chord more jazzy]
- **Chord V** (G major) = G B D [try adding an F too to make the chord more jazzy]
- **Chord IV** (F major) = F A C [try adding an Eb too to make the chord more jazzy]

Adding a beat

This can be done using body percussion, or percussion instruments if you have some available to you. Create a 4 beat percussion pattern – something like this below would work well on each beat:

Foot Stomp x2 Clap x2

Adding an ostinato

Using the 12 bar blues chords, try adding a 2 bar ostinato rhythm as the backing – this rhythm is similar to the rhythm used in the main melody of Hoe Down.



This can be played for any of the notes of the chord following the 12 bar blues chord sequence.

Continued on page 31

Developing the ostinato

There are 2 beats of rest in each of the bars above – an ideal opportunity to split the class into two groups and try some call and copy ideas.

Group 1 |- play the rhythm as above, on the top stave below

Group 2 – play the rhythm starting two beats late, on the bottom stave below



Adding improvisation over the top

Having established this ostinato pattern based on the rhythms heard in Hoe Down, a small third group can now be asked to improvise over the top using the notes from the Blues Scale:



Make your improvisation more exciting by using syncopation and slides.

Pupil Task C8.3 - creating our group Hoe Down

Having performed this as a class, have a go at trying to create your own Hoe Down. Remember:

- 1. Create a 1 bar ostinato beat using body percussion
- 2. Add an ostinato using your voice or instrument, using the 12 bar blues pattern
- 3. Improvise over the top using the notes of the blues scale

If you want an added challenge:

- Try coming up with your own 12 bar chord pattern using different chords
- Try experimenting with different notes to use in your improvisation
- Do you need someone to direct your performance, perhaps by conducting it? Could they help with putting changes in dynamics into your piece?

Having written this composition, think about what the scene might be – did you go for a cowboy/cowgirl dance in the early 1900s in America? Or did you imagine something else in your music?

On the next page, draw a picture that shows what is going on in the music you have written. Give it a title, too – can you link this to the idea of freedom?

Topic C9: Sousa - The Liberty Bell March

By the end of this session, students should be able to answer the following questions in their workbook:

1. Who is John Philip Sousa?

Who is John Philip Sousa?

2. What is a march?

- 3. What should I listen out for in the performance?
- 4. What might this piece be used for?

Born:
Died:
Known as:
Famous pieces: ————————————————————————————————————



Setty Imag

Pupil Task C9.1 - comparing marches

Marches are a very famous style to write in. They often:

- Have a strong beat
- Are in 2/4 or 4/4 time (simple time signature)
- Sometimes in 6/8 time (compound time signature)
- Often matches soldiers walking in step
- Some marches can be fast and celebratory, others can be more serious in tone

Your teacher will play you two different marches. Complete the table below:

	Tempo (Fast or slow)	Tonality (Major or Minor)	Instruments	Character
March 1				
March 2				

Which march do you prefer? Why? Discuss with a friend.

Pupil Task C9.2 - create a march beat

For this task you can either use the 4/4 beats, or you can try the 6/8 beats.

- 1. Choose whether you are using 4/4 or 6/8
- 2. Each rhythm lasts for 1 beat
 - a. If using 4/4, choose 4 rhythms
 - b. If using 6/8, choose 2 rhythms

- 3. Try playing each rhythm
- **4.** Write it down below
- **5.** Have a go trying to march to your rhythm, repeating it over and over

	4/4	6/8
Rhythm 1		—
Rhythm 2		
Rhythm 3		
Rhythm 4		
Rhythm 5		
Rhythm 6		

Which march do you prefer? Why? Discuss with a friend.

Try to write your rhythm out below: To extend your ideas, try writing an extra Think about: bar (to make 2 bars). You could even try to write some words to help you remember your what your march is for, making sure your rhythms. lyrics match.

Topic C10: Copland - Appalachian Spring, Section VII

By the end of this session, students should be able to answer the following questions in their workbook:

- 1. What is programme music?
- 2. How can we create contrast in music?

Pupil Task C11.1 – linking music with a programme		
What is programme music?		
When was programme music most popular?		

Your teacher will play you three extracts (small bits) of a piece of music. Using the boxes below, think about what story, scene, emotion or

feeling the music gives you. There is no right or wrong answer – you might like to draw, or write words, or use symbols to help you.

Opening Section	
Section	
Second Section	
Section	
Third Section	

What was going on in the music for each section?

Think about:

- What tempo (speed) the music is played at
- Which instrument/s have the melody
- Which instrument/s are accompanying
- What dynamics (volume) the music is played at
- Who plays the chords?

Opening Section	
Second Section	
Third Section	

How do your ideas compare with other people in your class? Make a pair and discuss your ideas.

Pupil Task C10.2 – how can we create contrast in music?

For this task, you are going to plan (and maybe perform!) a piece of music. Your music should have a beginning, a middle, and an ending section. The ending section should be similar to the music in the beginning.

Think about the following for each section, filling in the table below:

- What kind of emotion do you want to write about?
- What instruments would play the melody?
- Which instrumental family would accompany?
- How fast or slow is the tempo?
- What are the dynamics doing?

Remember to make the Beginning and the End similar – think about how you could make small changes in the ending to keep the listener interested.

	Beginning – Section A	Middle – Section B	End – Section A
Emotion			
Melody instrument			
Тетро			
Dynamics			

Topic C11: Walker - Lyric for Strings

By the end of this session, students should be able to answer the following questions in their workbook:

- 1. Who is George Walker?
- 2. What is a string orchestra?

Who is George Walker?

3. How can we compare different pieces of music?

Born:
Died:
Awards:
Famous pieces: —————
Instruments played:



Pupil Task C11.1 - comparing pieces written for string orchestra

Your teacher will play you three short extracts of music written for string orchestra. What do you think the similarities and differences are between the pieces?

Think about:

instruments used, tempo, dynamics, whether the melody rises or falls...

	Similarities	Differences
Piece 1 – Walker		
Piece 2 – Tippett		
Piece 3 – Barber		

Pupil Task C11.2 - extended writing question

What are the similarities and differences between Walker's *Lyric for Strings* and Price's *Juba Dance*? In your answer refer to the elements of music below:

- Instruments
- Rhythm/metre/tempo

- Melody
- Harmony/tonality

Use this space to plan your ideas, making notes.	

Use this space to write your	answer.	

SECTION D: Creative Task

Pupil Workbook Activity D1.1 - what is freedom?

In this activity, we are going to create a small poster based around what we think freedom is.

- 1. Use the paper your teacher gives you
- 2. Think about answering the question: what does freedom mean to me?
- 3. You might respond with a word, a picture, a sentence, or a shared experience
- 4. Collate these together to create a wall, with each piece of paper acting like a brick in the wall

Pupil Workbook Activity D1.2 – how has freedom been represented in Art?



Sarah Goodnough - Freedom

Unknown - street art

Antoine Josse - Freedom of the roots

🔊 Sarah Goodnough, unknown street art, Antoine Josse

Pupil Workbook Activity D1.3 – **creating our own freedom art**

Having seen how artists respond to the idea of freedom, try to create your own piece of artwork with the title 'Let Freedom Ring'. When you have finished, have a look at the work your classmates have created. What do you like about their work? How is it similar and different to your ideas?

Pupil Workbook Activity D1.4 – **our class song on freedom**

Having performed Siffre's song, you might want to use their words and thoughts on freedom to create lyrics for their own song – this could be as a group or a class. This could be structured in a pop song format with:

- Introduction (no lyrics)
- Verse 1

- Chorus 1
- Verse 2 (new lyrics)
- Chorus 2 (same lyrics as chorus 1)
- **Bridge** (new lyrics)
- **Chorus 3** (same lyrics as chorus 1)
- Outro (no lyrics)

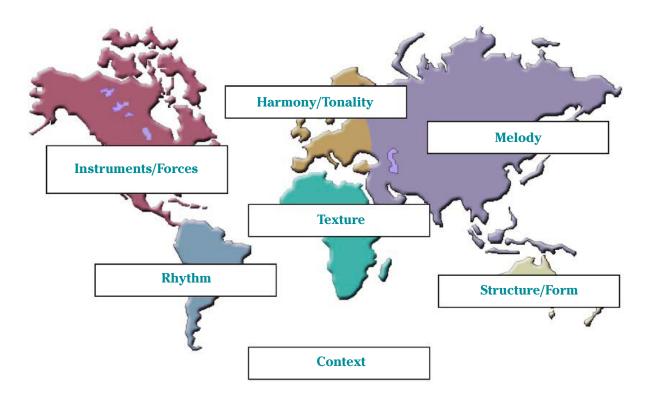
Use the space below to help plan your lyrics.

Verse 1	
Verse 2	
Chorus	
Bridge	

SECTION E: Key words

The Elements of Music

It can help to think about the different elements of music as an odd, unrelated idea. For example, you might think about the 7 elements of music as the 7 different continents, helping you to connect Geography and place with musical ideas.



This can help you to remember these important ideas.

Below is a table with some questions to ask yourself when discussing these different elements, as well as some of the vocabulary used.

INSTRUMENTS	 What instruments can you hear? What instrumental family do they belong to? (e.g. percussion) Are there any instrument-specific techniques being used? (e.g. <i>pizzicato</i>) 		
STRUCTURE	 Does the music at the start come back later on? If so, is it changed? How is it similar to the music heard earlier? How is it different to the music heard earlier? 		
RHYTHM & METRE	 Note lengths – same or different? Recurring rhythmic patterns – ostinato Metre/no. beats per bar Time Signature Dotted rhythms – dance like 		
MELODY	 Range – small or large? Conjunct (moving by step)/Disjunct (moving by leap) Repetition Use of motifs Pitch – high or low? 		
HARMONY & TONALITY	 Tonality = what key the music is in Major – often sounds happy Minor – often sounds sad Harmony = what chords are used Consonant or dissonant? 		
TEXTURE	 How thick or thin the music is Thin = 1 solo instrument on its own (monophonic) Thick = lots of instruments doing different things (contrapuntal) Solo melody + accompaniment (melody and accompaniment or sometimes called homophony) 		
CONTEXT	 When was the piece composed? Who might have written it? Who might have performed it? Who has recorded it? Was the music written down? Or was it passed down orally? Is the music being improvised (made up on the spot)? 		

Music Theory

This page is a summary of some music theory that it would be useful for you to know in order to make progress in your musical development.

Instruments of the orchestra

WOODWIND	BRASS	PERCUSSION	STRINGS
Piccolo	French Horn	Timpani	Violin
Flute	Trumpet	Cymbals	Viola
Oboe	Trombone	Tambourine	Cello
Cor Anglais	Euphonium	Snare drum	Double Bass
Clarinet	Tuba	Glockenspiel	
Bass Clarinet		Xylophone	
Bassoon		Vibraphone	
Contrabassoon		Harp	
		Piano	
		Celeste	

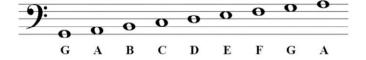
Notes of the treble clef





Notes of the bass clef





Time signatures

Time signatures look like a fraction, but do not have a line between the numbers. Each number has a specific function:

• **Top number** = number of beats (can be any number)

• **Bottom number** = type of beat (can only be 1, 2, 4, 8, 16)

The type of beat is linked to the number of notes you can fit into a bar of 4 beats:

SIMPLE	COMPOUND	
1 = semibreve 2 = minim 4 = crotchet	8 = quaver 16 = semiquaver	



Back image: Orchestra Unwrapped © Belinda Lawley Resources created by Richard Bristow

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